



Tower Talk

THE NEW CONTINENTAL TOWERS • SUMMER 2017

Welcome Mat: **KFORCE**

The third largest finance and account staffing services firm and the fifth largest technology staffing services firm in the nation is the latest business to join the fine roster of tenants at Continental Towers. Please welcome the team from Kforce, a national firm that provides contract, contract-to-hire, direct hire and managed services to nearly 80% of Fortune 100 companies.

According to Managing Director Ryan Langley, Kforce selected Continental Towers for its great amenities, including the cafeteria, outside seating area, fitness center and local restaurants. Another reason is location: Many Kforce clients are located in the northern and western suburbs, making Rolling Meadows a great mid-point.

In terms of people, the Kforce team has grown to roughly 20-25 associates in the last year, and Ryan said there are plans to add another group to the Continental Towers staff later in 2017.

Located in Tower 3 on the 6th floor, Kforce recently was selected as one of Chicago's "101 Best & Brightest" places to work in 2017. "We love what we do, and we love who we serve!" Ryan added. On behalf of the GlenStar Management and Leasing team, let's roll out the welcome mat to the Kforce team.



Swing Into Summer Ice Cream Social, July 12

Summer and ice cream go hand-in-hand. So make plans to join colleagues and friends July 12 for the Continental Towers "Swing Into Summer Ice Cream Social." The west plaza deck will be decked out in red and white tablecloths and balloons to create a festive atmosphere. The property management team along with **FoodBarz** will serve a variety of delicious ice cream sandwiches. There will be bag games, a strolling photographer, and complementary chair massages offered by **Olympico Chiropractic**.

Popular Chicago area musician Robbie Gold and his band will provide live entertainment. Plus, the fitness experts from the Continental Athletic Club will be on hand to offer advice on ways to stay healthy. This mid-summer, mid-day bash will run from 11:30 am to 2 pm.

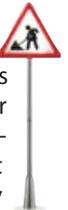
Pending Parking Lot Construction and Parking Rules Reminder

By Bob Wilson, Director of Security



Site improvements, time and weather have all contributed to bring about the next phase of parking lot improvement projects at Continental Towers. In the near future, we will begin resurfacing and/or replacing different areas of the blacktop. To complete the work, there will be intermittent disruption in our normal parking areas and drives throughout the property. Pavement markings will be redone where required, and additional walkway areas will be added for the safety of pedestrians.

Property maps with detours will be distributed in advance of the work to notify Tower tenants of project progress to hopefully avoid confusion or congestion. During this time, drivers and pedestrians should use extra caution when moving about on the property. While one person may feel they have the "right of way," cooperation and common courtesy is the best practice every time. Please pay attention to your surroundings and avoid distractions.



The ongoing construction also requires further discussion of proper parking. Many locations throughout the lot and parking deck have signs restricting the amount of time a car can remain legally parked, up to, and including reserved spaces. The spots are clearly marked, but unfortunately abused by a few drivers. For this reason, vehicles improperly parked in excess of posted time limits or parked in restricted or in reserved spaces, will be towed when obvious violations exist. This includes the charging station spaces located on the 1st level of the parking deck.



No vehicles will be removed as long as the drivers adhere to established rules.



Room For Growth: Tenants Expand Footprint in Towers

Room for new team members to manage a product expansion and space to accommodate growing departments are reasons why two Continental Towers tenant companies recently completed negotiations for expanded space within the complex. Here are short profiles:



1. Panasonic Factory Solutions Company of America. According to Marketing Manager Jeff Malek, the company brought on additional product marketing and software development members to manage expansion of a new software product: “Panasonic develops and globally supports PanaCIM®, a manufacturing execution system that integrates the often disparate business systems used in the manufacturing process. As part of the company’s new business development and in response to the connectivity that IoT initiatives require, PanaCIM software has extended its reach from manufacturing into the Quick Serve Restaurant space to manage the ‘back of the kitchen’ process and the Public Safety market to manage surveillance data.”

The company leased 4,418 additional square feet of office space in Tower Three, where it also occupies the entire 11th and 12th floors plus a portion of the 1st floor. The additional space will house Strategic Planning and Accounting staff. Malek added that Panasonic appreciates its offices at Continental Towers for its proximity to two four-way interchanges, on-site amenities and overall atmosphere, which is appreciated by the staff.

2. Rational USA. Back in 2014, Rational USA made a big impact at Continental Tower by opening demonstration areas, a test kitchen, offices and a customer call center. A manufacturer of innovative professional cooking appliances, Rational USA recently leased 2,724 square feet of additional office space in Tower Three to house employees working in the Finance, Human Resources, Applications and Marketing departments.

“Currently, we are growing and expanding every year as a company,” said Marketing Manager Lauren Davies. “As we continue to expand, we needed more space to accommodate our growing team. Last year, we hired 26 new employees and plan to hire nine more individuals in 2017, bringing the U.S. team to 88 in total by the end of this year.”

Davies added that the new Rational USA team members moved into the Tower Three offices in mid-May of this year and are enjoying the new environment at Continental Towers.

Self-Service Lottery Machine Due in July



Tower residents and visitors who want to try their luck playing the Illinois Lottery will soon be able to take advantage of a self-service machine inside the Commersium’s Convenience store. The new machine will be installed on July 5 and will only dispense the scratch-off Lottery tickets. Players will have to visit the counter to purchase MegaMillions, PowerBall, Lotto or other games that require selecting numbers.

According to store manager Kunal Shaw, the self-service machine eliminates the wait time for loyal customers. He added that the Lottery remains popular with many people, especially when jackpots rise.

Lottery tickets can only be purchased during regular store hours, which are 7:30 a.m. to 4:30 p.m., Monday through Friday. The store is closed on weekends.



Continental Towers Green Scorecard

In the photo above, CEB, now Gartner, located in Tower 3, 9th floor, has assembled recycling bins to encourage participation by their employees. Way to Go, CEB, now Gartner!

We would like to thank everyone who stopped by for our Earth Day event. We had some great questions!

To date this year, the recycling program at the Towers saved 18.65 metric tons of waste from landfills. We believe we could definitely be doing better. Our cleaning staff has recently had additional training on recycling. We will also be holding a Recycling Seminar in the Fall. One thing we can all do is **Think Before You Toss**. Is this recyclable? Can I rinse the container and recycle? Little things add up!

Waste Management’s slogan, “Think Green,” is one the GlenStar Properties management team certainly supports. We encourage and applaud tenants in their ongoing efforts to participate in and improve our recycling program!





THE NEW
CONTINENTAL TOWERS
MANAGEMENT TEAM

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Calendar of Events

Mark your calendars! Call the Management office at **847-640-1800** if you have questions regarding any of the events listed below:

- **Swing Into Summer Ice Cream Social** ~ July 12, 11:30 a.m. - 2:00 p.m. on the west plaza deck
- **Blood Drive** ~ July 27, 8:30 a.m. - 2:30 p.m. in the CAC
- **Floor Warden Meeting** ~ September 13, 9:00 a.m. in the Tower 3 Conference Center
- **Flu Clinic** ~ September 25, 10:00 a.m. - 3:30 p.m. in the CAC



CAC Health Corner: It's Summer!

By Asther Kim, Regional General Manager

This summer is yours for the taking, and the Continental Athletic Club is ready with a summer challenge now underway. The **Go the Distance Challenge** is an 8-week summer program offering training with our fitness coaches. The challenge will be to bike, run and row the miles needed to complete a triathlon. You can join in anytime. The Challenge includes:

- Individual daily tracking sheets for the triathlon portion of the challenge
- Three strength training and conditioning workouts each week
- Fun, friendly and supportive atmosphere to help you reach your goals
- Healthy recipes to help fuel you through the challenge

And, here are other events happening at CAC to help achieve health and wellness:

1. A Blood Drive will be held on July 27, from 8:30 a.m. to 2:30 p.m. Registration can be made July 25 and 26 from 10 a.m. to 1 p.m. All who donate blood will receive a free limited edition patriotic T-shirt. Plus, for every donation, \$1 will be given to **Operation Support Our Troops**.
2. A Flu Clinic will be held September 25, from 10 a.m. to 3:30 p.m. at the CAC. Everyone is invited to come down and get your flu shots.

Each summer day is a precious opportunity. It's a season that provides a unique platform to propel yourself toward being a different level of athlete. These four motivational tips will help you make the most of the upcoming hot summer days:

1. **Start Now.** There's no other stretch during the year when you're without the obligations of some of the other responsibilities in your life.
2. **Set Benchmarks.** Tracking your progress is the best way to make sure (you guessed it) you make real progress. Having a week-by-week measure of accountability will not only keep you on a schedule, but it will inspire you as you see your statistics climb.
3. **Remember – People are counting on you;** your family, friends, and coworkers. Seriously, they are. This message isn't supposed to add extra pressure, it's designed to add a healthy dose of anxiety to the relaxing summer months.
4. **Learn How to Reward Yourself.** This isn't supposed to be a doomsday lecture about how grueling your summer needs to be to reach your athletic pinnacle. Be responsible with your training, and be responsible with everything else. You deserve time off, you deserve to relax, and you deserve to be rewarded.