



# Tower Talk

THE NEW CONTINENTAL TOWERS • FALL 2017

## Chief's Corner: Preparing for Winter, Meet the New Team Member

By Jim Williams, Chief Engineer



Kevin Kaufhold

We welcomed a new member to the engineering staff. Kevin Kaufhold joined us this summer as an apprentice building engineer. His key responsibilities are to support fellow engineers while he learns the trade. A North Side Chicago guy, Kevin graduated from Oakton Community College and has demonstrated a great deal of knowledge, skill and determination. Please extend a Continental Towers welcome to Kevin.

During the spring and summer of 2017, a great deal of work was undertaken by the engineering team and outside contractors throughout the Continental Towers complex. Here's a rundown of projects completed.

- **Parking:** Tenants and visitors now can take advantage of the new parking structure, where we've completed a significant amount of asphalt surface repairs, along with installation of improved signage and space markings.
- **Build Outs:** The engineering team participated in space build outs for tenants Icon Identity Solutions and Epay Systems; the work included some demolition and modification to interior spaces to accommodate the office needs of these fine tenants. We do our best to save and repurpose controls and fixtures when possible to keep costs down.
- **Winter Preparation:** Winter will be here soon. That's why we're working fast and furious to prepare for snow management and complete seasonal maintenance tasks, including testing the fire pumps, the emergency generator systems and the fire alarm systems. These tasks must be finalized during the fourth quarter of the year.

## Recycling Corner: Working to Improve Recycling Initiative

By Kathy Cooney, Asst. Property Manager



Over the summer, the GlenStar management and leasing team invited representatives from Waste Management to conduct a review of Continental Towers' recycling efforts. Overall, we had mediocre participation. With over 3,000 employees now at the property, we believe we can do better. Here are some ways to move forward.

• **Tenant Education:** To increase participation in the recycling program, Glenstar will collaborate with Waste Management and conduct a 30-minute Power-Point presentation that outlines the importance of recycling and its positive impact on the environment, the community, and the economy. The date and time of the presentation to follow. One key message: There

is an added benefit to recycling, and that is reduced expense for all companies housed at Continental Towers.

- **Signage:** We greatly encourage the posting of a list of acceptable and unacceptable recyclable materials within all offices. Need some signage? Contact me at **847-593-4432**. We are also happy to provide labels or stickers to clarify the purpose of recycling containers. These stickers come in sizes 4 x 4 inches and 8 x 8 inches.
- **Collection:** Management highly encourages use of desk-side recycling bins, which are provided by GlenStar. Tenants can also order larger recycling bins for your kitchen areas. Please contact me to request the desk-side or order larger recycling bins. Working together, management and tenants can greatly improve recycling efforts at Continental Towers.

## Security Update: Emergency Call Boxes Installed

By Bob Wilson, Director of Security



GlenStar Properties recently enhanced the safety and security of tenants and visitors through addition of six Emergency Call Boxes in the open area parking lot around the complex. These units have the same functionality as the ones in our parking deck, however these boxes are marked with the wording "Emergency" on the sides and are programmed to direct dial the 911 center.

The locations of the boxes can be identified by the blue lights mounted on light posts. The call boxes are directly below the lights and are equipped with a one-touch button feature.

Should an emergency arise requiring a police or fire response, an activated unit will connect you with a 911 operator. These units operate on a cellular line, and as in any 911 call, the operator will want to verify the precise location where you need assistance. The blue lights mounted for that particular unit will go into a strobe mode, making it easier for emergency personnel to locate the problem. The strobe feature will continue to flash until the 911 operator ends the call.

These units are provided to enhance our safety and security. Any activation should be in accordance with state law (720 ILCS 5/26-1) Sec. 26-1, making it a criminal offense to report or summon emergency personnel when conditions are not present to warrant their response.

Have questions on this new feature? Please call the Security Office at **847-640-1825**.



## Tower Community Comes Together to Support Foodbarz! Led Pink Out Fundraiser



The generosity of the people and companies within Continental Towers was exemplified recently during the Pink Out, a fundraising event led by the team at Foodbarz! on behalf of the American Cancer Society. Held on October 19, the second-annual Pink Out brought out tenants, visitors and a variety of vendors on a beautiful late fall morning and afternoon for food, games, demonstrations and activities.

The bottom line: The event raised \$15,273, nearly tripling the \$5,753 raised in 2016!

Thanks to the many tenants and restaurants that donated products or services to Pink Out 2017, especially tenants Komatsu and Ceannate Corporation, Diamond-Level sponsors who each donated \$2,000.

Visitors to Pink Out had the opportunity to bid on prizes and take part in fun activities, including a bag toss and pumpkin decorating. There was live music and the staff from the Continental Athletic Club hosted workout challenges. Another highlight of the day: A smoked brisket sandwich for \$6.

The staff at Fifth Third Bank was on hand with other Continental Towers tenant companies to help manage the many activity and food stations.

"We were very fortunate to have the support of Fifth Third Bank and the many other tenant companies," said Megan Bogle, business manager at Foodbarz! "We couldn't have done it without them."

Here's a breakdown of other Pink Out sponsors:

- **Gold \$1000:** Rational (also donated and made the brisket)
- **Silver \$750:** ICON
- **Bronze \$500:** Advanced Data Systems, Associated Agencies, Burrito Beach, Victor Construction, and Property Specialist Management.

Other contributors from the buildings are: Tri-Tower Printing, Continental Athletic Club, Interior Tropical Gardens, IDEX, the Flower Studio, Olympico Chiropractic, Vantiv, Fifth Third Bank, GlenStar and many other fine companies outside of Continental Towers.

And, a sincere thank you to the volunteers from these companies: Lincoln Financial, Verizon, Fifth Third Bank, GlenStar, Harco/IAT, U.S. Foods and Frito Lay.

Bogle said Foodbarz! plans to host another multi-faceted fundraising event next year.



Team Foodbarz! gave it their all for a very worthy cause. Lt. to Rt: Reena Kothari, Terry Ramsett, Luis Sanchez, and Lily Guzman.



The Flower Studio pitched in, helping to provide vibrant florals.



Raffle prizes such as museum tickets, gift cards, VIP events passes and restaurant certificates were generously donated by Tower tenants and outside companies. Even lunch with Terry, Reena and Mandy at Cooper's Hawk!



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THE NEW  
CONTINENTAL TOWERS  
MANAGEMENT TEAM

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Kathy Cooney  
Assistant Property Manager

Jim Williams  
Chief Engineer

Bob Wilson  
Security Director

Linda Nitch  
Administrative Assistant



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## Calendar of Events

Mark your calendars! Call the Management office at **847-640-1800** if you have questions regarding any of the events listed below:

- **Halloween Treats for Tenants** ~ October 31, 7:30 a.m., main floor in all Tower lobbies
- **Discount Coupons Appreciation Event** ~ November 14 & 15, 11:00 a.m. to 2:00 p.m., in the Commertium
- **Angel Tree Program** ~ Begins November 27, in the Commertium
- **Book Fair** ~ December 4 & 5, 10:30 a.m. to 2:30 p.m. in the Commertium



## Make Fall the Season for Restorative Rejuvenation

By Karen Fydryck, Owner, Karen's Place

As the season changes to Fall, now is the perfect time to introduce new products that will help you prepare for the cooler temperatures ahead. At Karen's Place, we offer a wide selection of skin and body care products with an organic focus to elevate and support you through the coming days.

Our two latest, Age Activist Bioelements facials and mask additions, fight premature aging by targeting dehydration, loss of firmness, lines and wrinkles. With potent amino acids, aloe, mango, and white truffle, you'll notice the transformation on your skin instantly. Experience the Wonders of Pumpkin with Green Envee Organics Pumpkin Peel, for a quick 30-minute pick me up. Trust Beauty promotes plant based simplified daily skin care, to effortlessly repair the skin from within, featuring clean adaptogen science. To enhance your lashes, brows and hair, Revitalash Cosmetics offers the highest quality botanical ingredients to fortify and condition your natural beauty. Luxurious lash and brow conditioners are supported by high-impact eye definition products that offer precise application with smudge-proof wear. ReGenesis hair products add volume, texture and shine that promotes the look of thicker, well-nourished hair. To strengthen and fortify your hands, our conditioning organic natural nail manicures will enable them to retain moisture, repairing them from the elements, and looking great.

Want to learn more? Contact us at Karen's Place, 847-845-2242, to schedule a complimentary care consultation.



## Property Management Team Offers Sweet Treats!

What could be better than summer ice cream sandwiches? Yummy complimentary Tizzy Lizzy confections to be given out on Halloween morning by the Continental Towers property management team! Starting at 7:30 a.m., the team will greet tenants on the lobby floors of all 3 Towers with treats, not tricks. So get there early, as Tizzy Lizzy will be offered while supplies last.

Speaking of treats, the commercium was decked out in red and white tablecloths and balloons to create the "Swing Into Summer Ice Cream Social" on July 12. The property management team along with Foodbarz! served a variety of delicious ice cream sandwiches with complimentary chair massages offered by Olympico Chiropractic. The most popular ice cream sandwich flavor? Why, it was chocolate chip!



Jonathan Quezada with the Towers Security Team, is treated to ice cream sandwiches by Renna Kothari from Foodbarz! and Management Team's Linda Nitch. Yareli Montenegro of Verison, chooses her favorite flavor.



Mandy with Foodbarz!, Kathy Cooney and Jim Williams teamed up to make "Swing Into Summer" as huge success.



Chiropractic Physician Dr. Thomas George, demonstrates a soothing touch with Daisy Sanchez from Advocate Physician Partners. Physical Therapy Intern Samantha Schaefer, offers services recommendations and a smile.